The effect of *S. mutans* on the growth and virulence expression of *C. albicans* in a mixed species biofilm

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ABSTRACT

Introduction: It is known that in polymicrobial biofilms, interactions among inhabitant species can alter gene expressions to affect physiological and pathogenic properties. Candida albicans and Streptococcus mutans are major components of the oral microbiome co-existing in biofilms adherent on dental surfaces. Objective: In this study, the effect of S. mutans on the biofilm growth and expression of virulence in C. albicans is studied in a mixed species biofilm populated by both organisms. Materials and methods: Biofilms of C. albicans ATCC 10231 and a 1:10 mixture of C. albicans and S. mutans ATCC 25175 were grown in 6-welled cell culture plates. At the end of incubation, RNA extracted from the biofilms were tested in RT-qPCR assays for the expression of C. albicans quorum sensing genes CHK1 and PBS2, and virulence genes HWP1 and EFG1. The viable counts of C. albicans and S. mutans were also obtained separately using the Miles and Misra method. The results from single species and mixed species biofilms were compared. Results and conclusion: In both pure and mixed biofilms, the viable count of C. albicans increased at end of biofilm formation, indicating no suppression of C. albicans growth in the presence of S. mutans. In contrast, the viable count of S. mutans in the mixed species biofilm decreased at end of biofilm formation, suggesting that C. albicans suppressed the growth of S. mutans and increased its cell death. The RT-qPCR results did not show a significant difference between the expression of the four genes in pure and mixed species biofilms. This could be explained by the attainment of the same C. albicans viable counts in pure and mixed biofilms and non-interference from S. mutans. In an in vitro mixed species biofilm, C. albicans was not adversely affected by S. mutans in its growth or expression of virulence. Instead, it apparently suppressed the growth and survival of *S. mutans*.