# Reviews

"INTRODUCTION TO THE ANATOMY AND PHYSIOLOGY OF THE NERVOUS SYSTEM" by David Bowsher, 1st Edition (1967) Blackwell Scientific Publications, Oxford and Edinburgh. pp. 180; Illustrations, 55; 15s net.

DUE TO OUR relative lack of information and to the highly developed and complicated human central nervous system, the study of the structure and function of this system (CNS) is not always easy to comprehend. The lengthy nomenclature, furthermore, adds to its confusion. The aim of this book is to provide a concise but a compact guide to the subject.

This book covers the basic elements of the neuron, the properties of excitable tissues, the receptors and effectors and the different regions of the central nervous system. The block diagrams and other illustrations are well-designed to simplify the approach. However, there are a few short-comings; namely, the treatment of some topics such as the action potential and the synaptic transmission, is too superficial; the selected bibliography is inadequate and the last chapter on the blood supply to the central nervous system seems to be out of place. Nevertheless, Dr. Bowsher has successfully combined simplification with the presentation of sufficient information to enable the reader, especially the preclinical student, to understand the subject at an introductory level.

### T.T. Loh

S.L.

# A POCKET GYNAECOLOGY

# by S.G. Clayton, 6th edition 1967

J. & A. Churchill Ltd. London. pp. 125. 16s.

THIS HANDY book contains a wide yet basic information on all aspects of Gynaecology. Facts are well tabulated and is easy reading. It is a very useful book for students preparing for examination and a reference book for general practitioners.

#### A POCKET OBSTETRICS

# by S.G. Clayton. sixth edition 1967

J. & A. Churchill Ltd. London. pp. 152. 16s.

THIS POCKET BOOK is full of basic knowledge of modern obstetric practice and is very useful for a quick review of the subject. It is particularly intended for medical students to help them in the examinaitons but general practitioners, too, will find it useful for quick reference.

S.L.

# PHYSIOTHERAPY IN OBSTETRICS by Maria Eber. third edition

E.S. Livingstone Ltd. Edin. & Lond. pp. 158. 22s. 6d. THIS BOOK is a very comprehensive one giving in detail all aspects of obstetrics necessary for training of physiotherapists in this field. Physical and mental preparation of the mother and follow-up during labour and puerperium is given in great detail as well as analgesia during labour. The most suitable exercises are very well illustrated. Although these forms of exercises are not popular among local women, general practitioners could help them greatly improve their performance by advocating these simple exercises to ensure an easier and more comfortable childbirth.

S.L.

## THE SOUTHEAST ASIAN JOURNAL OF TROPICAL MEDICINE AND PUBLIC HEALTH

Publ. Central Coordinating Board for Tropical Medicine and Public Health, 420/6 Rajvithi Road, Bangkok 4, Thailand.

Annual Subscription for 4 issues US\$6.00, Single copies US\$2.00 (Post free)

WE WELCOME the appearance of this new journal which is the official publication of the Central Coordinating Board for Tropical Medicine and Public Health of SEAMEC.

As pointed out in a Foreword by Professor Brian Maegraith of the Liverpool School of Tropical Medicine, there is a real need for a Journal, with a wider scope than the national publications, in which regional and international as well as national aspects of the endemic problems could be discussed.

In the past, medical men of Southeast Asia have been working in isolation in spite of the similarity in the incidence and prevalence of diseases in the region. Now they are in a better position to benefit by each other's experiences in the diagnosis, treatment, prevention and control of the endemic diseases which have been stifling the natural development of the people.

The first issue is a very impressive one and contains original articles, reviews, research papers and case reports as well as notes on Laboratory Demonstrations and abstracts of articles which have a reference to this region.

It will be a welcome addition to the book-shelves of all clinicians and health workers in Southeast Asia.

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