

Health service for the elderly in Klinik Desa Kolam, Kelantan

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ABSTRACT

Summary: Population statistics has projected that Malaysia would be an ageing nation by 2030. To strengthen health promotion and disease prevention in the elderly population, the scope of geriatric services is expanded to the rural clinics or klinik desa (KD). The criteria for the selected KD are those with an average daily attendance of less than 15 clients per day and staffed by at least two permanent Community Nurses. The Elderly Health Service at KD Kolam was implemented in September 2020. A total of 280 seniors have been identified as being within the KD Kolam operating area. Most of the new and repeat screening activities are carried out in conjunction with antenatal, postnatal and child home visit sessions. The new registration and screening target is five senior citizens per month. There are four implementation indicators in this program: 1) elderly registration coverage in KD's operational area; 2) health screening coverage for the elderly in KD; 3) health screening coverage of the elderly detected to have a risk and 4) early intervention coverage for seniors at risk. The four indicators were successfully achieved in the KD Kolam elderly health program with 83.6% (184 individuals) at risk having been identified and all of them having been given early intervention. The Elderly Health Service at KD Kolam has proven to be successful in meeting the indicators that have been set and is capable of being an example of community-based services for the elderly.